

Power Sector Benefits Trust (PSBT) And Member Family Assistance Program (MFAP) - Extended Care Explained

Extended care could cover up to 20 visits. Extended care does need to be a clinical Psychologist (PHD in Psychology). Extended care is meant for Members with extreme mental health issues who might be a threat to themselves or others.

In our Canada Life plan there is \$500.00 available for a clinical Psychologist (PHD in Psychology) that can be used at any time.

Also, Members can use Homewood Health for almost all the counselling need **(1-800-663-1142)**. Make sure the Member lets them know the benefits are with PSBT. Homewood Health offers emergency counselling and various other levels of care (e.g., Depression Care, Trauma Care, Post Traumatic Stress Disorder, etc.).

To Qualify for PSBT Extended Psychological Care there are a few steps for the Member to go through:

- 1) Get a referral from the Family Doctor to a Clinical Psychologist - **PSBT will need that paperwork.**
- 2) The Member obtains the Psychologist, the Member submits the invoice to Canada Life for approval of up to the \$500.00. If Canada Life approve the request **PSBT will need this approve paperwork as well.** Canada Life approves Clinical Psychologists registered with the college of Psychology or Psychotherapy. Canada Life will not approve the request if the Psychologist is not registered. The referral must be **critical** to the well being and health of the Member.
- 3) Upon receipt of Canada Life's approval, PSBT requires a timeline for the number of sessions to get approval. This service is not meant for long term care -it is meant to get the Member to a place where Homewood Health's services can take over.
- 4) If approved, the service provide can arrange for direct billing to PSBT. Alternatively, the Member can pay and PSBT can reimburse the Member.